Sustainable Purchasing Tips

When you are considering buying something, try the 30-Day Rule: wait 30 days after the first time you decide you want a product to make your decision. This will help eliminate impulse buying!

This month, try replacing disposable products with reusable ones (like razors, batteries, and ink refills for printer cartridges).

Whenever possible, make your own products to cut down on waste and control the materials used. This month, try making your own household cleaning products and homemade toothpaste!

For more info, visit: sustainability.upenn.edu